

## EASTBOURNE AIR SHOW 2026

### Departure Plus Menu – VEGAN

Chimichurri Mediterranean vegetable skewer Allergens: g, sy | Kcal: 227 | NGCI\* | VG

#### Bread

A selection of warm breads; brioche-style buns, Khobez-style flatbread, rye and carraway, rosemary focaccia. Served with chilli, lime & coriander and garlic & herb flavoured butters

Allergens: g, m | Kcal: 328 | NGCI\* | VG\*

#### Sauce and Sides Station

Sage & onion stuffing, apple sauce, piccalilli, barbeque sauce, garlic mayo, mustard, crispy onions, caramelised onion relish

Please see signage for allergen and calorific information

#### Salad Bar

Spiced couscous with mint and pomegranate seeds, mint yoghurt Allergens: g|

Kcal:293/100g | VG

House salad – mixed leaves, cucumber, cherry tomatoes, red onion Allergens: n/a | Kcal:

15/100g | NGCI | VG

Mediterranean vegetable farfalle pasta salad Allergens: g, | Kcal: 30/100g | VG

Homemade coleslaw Allergens: n/a | Kcal: 193/100g | NGCI | VG

#### Afternoon Treat

Fresh British farm ice cream Please ask your server for allergen and calorific information | VG\* | NGCI\*

or

Salted caramel chocolate brownie Allergens: n/a | Kcal: 283 | VG | NGCI

*All our food is prepared in a kitchen where nuts, gluten and other allergens are present.*

*Our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Please inform us of any dietary requirements by emailing us at [events.eastbourne@trafalgar.global](mailto:events.eastbourne@trafalgar.global)*

(c) = Contains celery | (cr) = Contains crustacean | (e) = Contains egg | (m) = Contains milk | (mus) = Contains mustard | (f) = Contains fish | (g) = Contains gluten | (n) = Contains nuts | (s) = Contains sulphites | (sy) = Contains soy | (l) = Contains lupins | (mos) = Contains mollusc | (p) = Contains peanuts | (ses) = Contains sesame seed

VG = Vegan | V = Vegetarian | NGCI = Non Gluten Containing Ingredient Recipe | VG\* = Vegan alternative available | NGCI\* = Non Gluten Containing Ingredient Recipe alternative available